

Resource Information

Coaches, there is a wealth of information on Flag Football or Youth Sports in General. Here are some examples:

- **Internet**-If you put Flag Football in the Search Engine Box, you will get thousands of sites. Most of these cost money but some are free sites. NFL.com has a section just for Youth Flag Football with lots of suggestions, Offensive Plays, Defensive Plays, and Coaching tips in general.
- **Library**- Fauquier Libraries have lots of books on Coaching Youth Sports. They also have a few DVD's on skills to watch.
- **Book Stores**- Barnes and Noble has a few books such as Coaching Youth Sports for Dummies, Football Drills&Skills, and How to Coach.
- **Other Coaches**- You can call most any Coach on the Coaches Contact List and get a ton of suggestions and tips. Many of the Coaches will come to or help you set up a practice. Just ask!
- **Parents**- Some of your most Knowledgeable resources may be sitting and watching your every practice and game-**THE PARENTS!** Ask the Parents at your pre-season meeting or 1st practice who has experience. You may find someone who has coached for decades. **BUYER BEWARE**, Make it plain and clear that if you use some of the Parents suggestions, that does not give that parent the right to start coaching from the sideline, interrupt practice, or undermine your authority.
- **Your Heart**- Just do your best. You will have to use your head in most situations but remember, this is not the NFL, use your heart to guide you on some of the inevitable situations you will face during the season.

HAVE FUN!

NFLFLAG.COM

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